Pros and Cons of Changing the ACA's Essential Health Benefit Requirement

MODERATOR: AUDREY SHELTO PRESIDENT, BCBSMA FOUNDATION

## Essential Health Benefits Requirement

All plans sold in individual and small group markets, must include at least 10 Essential Benefits.

Each qualified plan must offer essential health benefits which overall are equal to the scope of benefits typically covered by employers (benchmark plan).

## Essential Health Benefits Definition

- Ambulatory patient services
- Emergency services
- Hospitalization
- Maternity and newborn care
- Mental health and SUD services
- Prescription drugs

- Rehab & habilitative care & devices
- Lab services
- Preventive & wellness services & chronic disease management
- Pediatric services, including oral and vision care